

Qatar Academy Sidra Celebrates its National Sport Day

Doha, 1 March 2014: Qatar Academy Sidra (QA Sidra) celebrated its second annual National Sport Day last week as part of an ongoing effort to engage and inform its students about the benefits of exercise and healthy living.

Organised by the school's Physical Education (PE) Department, the event saw the entire QA Sidra student, teacher and family population journey to the Dahl Al Hamam Park for a fun-filled day of activity. The school sports day included mini running races as well as friendly football and basketball matches. Each activity was designed to help teach participants about the value of fitness, teamwork and sportsmanship.

Having helped organise the QA Sidra sports day, PE teacher, George Mandaly, said, "This was an exciting time for the students of QA Sidra because the sports day allowed the whole school to come together, outside of the classroom, to enjoy the great outdoors."

As part of its initiative to promote sports and physical activity among Qatar's youth, QA Sidra hosted its National Sport Day in an attempt to continue the momentum garnered at this year's Qatar's National Sport Day on 11 February.

The QA Sidra National Sport Day is a part of the school parental involvement initiative launched by Qatar Academy Sidra in September 2012. QA Sidra currently caters to students in Pre-K3 to Grade 8. However, the school's leadership intends to annually add one academic grade level and eventually establish itself as a K-12 school.

For more information about the Qatar Academy Sidra please visit www.qasidra.com.qa

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